



Elections NCS representatives 2020

ESC Board Committee for Young Cardiovascular Professionals



1. Your identity	
Title :	Dr
Family name(s) :	Bonnet
First name(s) :	Guillaume
Institute/Organisation:	Cardiovascular Research Center (PARCC), Paris
City:	Paris
Country:	France
Profession:	Cardiologist
Position:	Pratitionner and Researcher

2. General Curriculum Vitae (300 words maximum)

I have been a cardiologist for 2 years. I'm 34 years old and currently in my 3rd year of science PhD in Epidemiology. I studied medicine in Montpellier where I come from. I completed my cardiology residency in Bordeaux.

Now I continue to train in interventional cardiology in Paris, in Georges Pompidou European Hospital. I am interested in interventional coronary, structural cardiology, and heart failure. Our actual training is more hybrid and the areas of competence of tomorrow's cardiology will go beyond current limits.

It was important for me to take time for research, to learn to code, discovering a new world based on algorithms and innovative approaches integrating large databases. My research work is about the use of innovative epidemiological approaches in predicting the risk of cardiovascular events such as cardiac allograft vasculopathy.

Throughout my education, I have always felt the need to get involved in community life: tutoring association of free-teaching for preparation of medical entrance exam in Montpellier,

association of residents of Bordeaux (AIHB), lecturer of critical article reading and Cardiology for medical students at the Faculty of Bordeaux.

I continued to get involved associatively within the French Society of Cardiology and the French group of young cardiologists, of which I am president since January 2020. This leads me to apply for the European level as a continuation of my action in the service of young cardiologists.

Regarding my personality traits, my strengths are my sincerity, creativity, motivation for collective adventures. I practice sport regularly: cycling to work, running frequently, and surfing when I can be near the ocean.

3. Previous experience(s) in your National Cardiac Society and in ESC (300 words maximum)

At French young cardiologist group level, my involvement dates back to 2015 as a representative-elected. I became president-elected of the French young group and a member of administrative council of the French society of cardiology, which is a great opportunity for a young cardiologist.

I participated in the structuring of social networks followed by almost 10,000 people (Facebook, Twitter, Instagram) of our French young group. I was responsible for the last three ESC congress coverage for the young French community through articles for the site (Cardio-Online) and the ESC special journal of our young group. Last year we generated more than 100 free-access contents between different digital formats and our newspaper printed over 2000 copies.

Over the past few months, I coordinated a multicenter study in 24 French centers within the French young group, enabling 2,800 COVID patients to be included. Several works, all carried out by young people, come from this database: Prediction score, pulmonary embolism... This project reflects my commitment and my desire for collaborative work.

As for my experience in the ESC, I have been participating in many community events since 2017 during the ESC in Barcelona, and recently Spring summit 2020 in Nice. I also had the chance to participate in the Italian Congress in Rome in 2018.

During the ESC in Paris in 2019, I participated in the organization of the first European simulation workshop. It was a pleasure to receive many young and senior European cardiologists. We were happy to succeed in this challenge to make the simulation accessible to all and encourage meetings between young cardiologists. The organization of the ESC 2019 social event in Paris also made it possible to get to know the young representatives better and to encourage me to get involved in this group.

4. Are you a Board or a Nucleus member of any other scientific association?

No

5. Why are you interested in joining the ESC Board Committee for Young Cardiovascular Professionals and what would you like to achieve if you were elected? (300 words max)

I have already been very involved in the French group of young cardiologists for several years. This application does not represent for me a personal goal but a means to continue my action to serve young cardiologists.

My main lines of reflection:

- Bring groups of young people from different groups in Europe together.
- Reduce disparities and harmonize training in Europe by making training accessible to all.
- Improve the communication and visibility of our board, at the service of our community.
- Promote gender equality in the training of young cardiologists.
- Encourage collaboration and facilitate access to research projects for all young Europeans.

My proposals are concrete:

- A specific membership pack for young members of the European society allowing a set of services including free access to different training content for all young Europeans.
- Translation of the guidelines in all languages.
- The organization of a free simulation event for young members for all new ESC congress editions (as during the ESC Paris 2019).
- The establishment of a grant to attend the European congress for a young person with an accepted abstract (registration / accommodation).
- The organization of a new free event focused on training, bringing together all young people from different countries over a few days around workshops.
- The creation of a digital platform of a global fellowship program (imagery, rythmology or interventional) in cardiology from all over Europe, making it possible to apply and centralize available positions. This would offer opportunities for all young people.
- The structuring of a research project carried out by the youth board and supported by ESC experts.

6. How will you balance your work commitments with your commitments to the ESC Board Committee for Young Cardiovascular Professionals? (300 words max)

In practice I have already been very involved in the French group for several years. I am used to save time for my associative commitment.

My time is currently spent 80% on research as I am doing a science PhD. I have the possibility to organize my time with a certain flexibility. I am supported by my various mentors and my department head in this process. Moreover, ESC is based in Nice, France. It is convenient to come thanks to direct flights from Paris.

My associative experiences have forged my faith in certain fundamental values towards which I think we should all strive in our commitment.

- Team spirit. The collective allows us to surpass ourselves. Exchanging, sharing, solidarity seems to be the pillars of the good level in associative structures like ours. Federating and being attractive allows young members to join us, and then distribute our opportunities to the maximum of young volunteers.
- Individual work. Commitment to the group also involves work, initiative, thoroughness and reliability. Empowerment in a specific project allows everyone to play their role and bring their touch.

- Transparency. This requires reports on our actions, our doubts and our questions. Despite the difficulty of sometimes confronting each other, it seems important to always try to set a good example, by respecting the opinions of the members of the group.

This sweet alchemy between team spirit, individual work, and transparency represents for me the necessary commitment for each member within the group.

This young group is currently in the process of creating an official board within the ESC. I am aware that this is a challenge for its structuring. I am ready to keep this commitment over the next four years if you give me the opportunity.

Bonnet Guillaume

A handwritten signature in black ink, consisting of several overlapping loops and a long horizontal stroke extending to the right.